

YOGA WORKSHOP

Rebecca Lerner

November 18 - 19, 2011

at *Inner Life Yoga Studio, LLC*
1137 Van Voorhis Rd, Suite 45
Morgantown, WV 26505



SCHEDULE & FEES

(Preregistration by October 28)

Classes Are For Both Beginning & Experienced Students

Cost Per Class 2 Hour Class: \$30 + 6% tax (\$31.80) if

Preregistered or \$35 + 6% tax (\$37.10) at the Door

Cost for 3 Hour Class: \$45 + 6% tax (\$47.70) if Preregistered or

\$50 + 6% tax (\$53) at the Door

Cost for Entire Workshop: \$105+ 6% (\$111.30) tax if Preregistered,

\$120 + 6% tax (\$127.20) at the Door

\$15 cancellation fee if cancel after November 4

Friday, November 18	6:00 PM -- 8:00 PM	<i>General Yoga Class</i>
Saturday, November 19	9:00 AM – 12:00 PM	<i>General Yoga Class</i>
	2:30 PM -- 4:30 PM	<i>General Yoga Class</i>

Please bring 2 or 3 firm blankets, a sticky mat, blocks and a belt if you have them. Props can enhance your practice for a more enjoyable experience.

Certified Intermediate Senior I instructor, Rebecca Lerner is co-director of the Center for Well-Being in Lemont, Pennsylvania and a longtime student of Shri B.K.S and Geeta Iyengar. She has been practicing yoga since the mid-70's and teaching since 1980. Rebecca is known for her pleasant, light-hearted personality yet challenging and insightful teaching style. Share and enjoy the enthusiasm, inspiration, and expertise found in Rebecca's classes.

TO REGISTER: Make your check payable to Inner Life Yoga Studio, and mail with the form below to: Inner Life Yoga Studio, 1137 Van Voorhis Rd, Ste 45, Morgantown, WV 26505; Telephone (304) 296-1744.

Email: sbleher@msn.com

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REGISTRATION FORM -- REBECCA LERNER WORKSHOP NOVEMBER 18 - 19, 2011
NAME: _____ PHONE: (H) _____ (W) _____
ADDRESS: _____ CITY, STATE _____ ZIP: _____
EMAIL: _____

Check the Classes You Will Attend:

Entire Workshop ___ Fri 6:00 - 8:00 pm ___ Sat 9:00 - 12 noon ___ Sat 2:30 - 4:30 pm ___

Total Enclosed _____

Check here if you would like to stay with local students Friday night (\$10 to host suggested) ___